

Newsletter 2



S-POINT - Sports Lab on youth social development

Project Number:
2022-3-PL01-KA153-YOU-000099455

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Activity 1 (A1) Seminar - Thessaloniki, GREECE January 15-20, 2024

What Happened?

The seminar began with activities aimed at building relationships between participants and setting project expectations. Key introductory sessions focused on understanding the European Training Strategy (ETS) and exploring the role of sport as an educational tool. Day 3 included a special intercultural evening, allowing participants to share aspects of their own cultures, which fostered a sense of unity and mutual respect.

Participants engaged in hands-on activities such as "City Bingo" to connect with the local culture and neighbourhoods of Thessaloniki, exploring how sport and cultural engagement can promote cohesion. In the following days, the sessions focused on education "by, for and through sport", providing a conceptual basis for later implementation in their communities.

Practical exercises guided by the "Move & Learn Manual" (ISCA) equipped participants with methods of implementing sport as a means of social development. The seminar successfully established a common understanding of the European Training Strategy (ETS) among all participants, creating a unified vision for using sport to support youth inclusion. Participants made connections that are the foundation for future partnerships and collaborations. Also, it laid the foundations for the more advanced practical work in Activity 2, equipping participants with both theoretical knowledge and practical skills.

Activity 2 (A2) Online Training Course

Warsaw, Poland (Online hosted by EFID)

February 12–16, 2024

What Happened?

Due to potential risks associated with political activities in Poland during the election period, A2 was conducted online. Activity 2 focused on advancing the skills gained in the seminar by offering hands-on training with ETS tools and strategies, encouraging participants to explore how these methods could be adapted and applied within diverse community settings.

Through collaborative sessions, participants developed practical approaches for implementing sports-based education, experimenting with strategies designed to foster inclusion and youth engagement. Additionally, the online format brought attention to the accessibility challenges that young people in remote areas face, inspiring discussions on how to improve international learning access for geographically isolated youth.

This experience not only deepened participants' understanding of ETS tools but also highlighted the importance of adaptability, inclusion, and creative problem-solving in youth work. By the end of the activity, participants were equipped with actionable strategies and a renewed commitment to making educational opportunities accessible to all young people, regardless of location.

