

S-POINT

Sports Lab on youth social development

PROJECT NUMBER:
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About Your Project

S-POINT is at the forefront of using sports as a powerful tool for youth social development. This initiative focuses on enhancing the skills and capacities of youth workers from eight countries, empowering them to foster inclusivity and intercultural understanding within their communities.

Through engaging seminars and training courses, participants will develop and implement innovative Education Through Sport methods, helping young people build resilience, critical thinking, and problem-solving abilities. S-POINT aims to create a collaborative environment that not only promotes personal growth among youth workers but also equips them to inspire positive change in their local contexts, contributing to a more unified Europe.

Objectives

The S-POINT project aims to address the pressing issue of social exclusion among youth by leveraging sports as a powerful educational tool. Key objectives include raising awareness of intercultural dialogue and mutual understanding among young Europeans, particularly focusing on the inclusion of youth from disadvantaged backgrounds. The project seeks to enhance the skills and competencies of youth workers, enabling them to effectively engage young people in sports and promote health-conscious lifestyles. Additionally, S-POINT aims to create opportunities for marginalized youth to participate in non-formal education through sports, fostering leadership and community involvement.

Target Groups

The S-POINT project targets a diverse range of groups to maximize its impact on youth social inclusion and development. Local and international youth organizations are essential collaborators, bringing experience in promoting inclusivity. Youth participants aged 18-30, residing in project areas, are encouraged to become community youth workers through active engagement in training sessions. Additionally, youth from local communities are invited to participate in workshops that foster skill development.

The support of colleagues, friends, and families is vital to promote project objectives and community involvement. Young workers and youth leaders facing participation barriers are also included, as they are motivated to overcome challenges and engage in project activities. Professional staff, youth workers, and trainers play a crucial role by acquiring new skills and advocating for healthy living. Lastly, disadvantaged young people, particularly those who are socially excluded or unemployed, are encouraged to improve their skills through training, fostering a positive outlook for their future. This comprehensive approach ensures that all target groups contribute to and benefit from the project's initiatives.

